

## SEXUAL HEALTH INVENTORY FOR MEN

(Each question has several possible responses. Circle the number of the response that best describes your own situation. Please be sure that you select one and only one response for each question.)

1. How do you rate your confidence that you could get and keep an erection?

Very low Low Moderate High Very high

1 2 3 4 5

2. When you had erections with sexual stimulation, how often were your erections hard enough for penetration (entering your partner)?

No sexual activity 0

Almost never or never 1

A few times (much less than half the time) 2

Sometimes (about half the time) 3

Most times (much more than half the time) 4

Almost always or always 5

3. During sexual intercourse, how often were you able to maintain your erection after you had penetrated (entered) your partner?

Did not attempt intercourse 0

Almost never or never 1

A few times (much less than half the time) 2

Sometimes (about half the time) 3

Most times (much more than half the time) 4

Almost always or always 5

4. During sexual intercourse, how difficult was it to maintain your erection to completion of intercourse?

Did not attempt intercourse 0

Extremely difficult 1

Very difficult 2

Difficult 3

Slightly difficult 4

Not difficult 5

5. When you attempted sexual intercourse, how often was it satisfactory for you?

Did not attempt intercourse 0

Almost never or never 1

A few times (much less than half the time) 2

Sometimes (about half the time) 3

Most times (much more than half the time) 4

Almost always or always 5

Total Score: \_\_\_\_\_

Add the numbers corresponding to questions 1-5. If your score is 21 or less, you may want to speak with your doctor.

Questionnaire from: Rosen RC, Cappelleri JC, Smith MD, Lipsky J, Peña BM. Development and evaluation of anabridged, 5-item version of the International Index of Erectile Dysfunction (IIEF-5) as a diagnostic tool for erectile dysfunction. *Int J Impot Res.* 1999;11:319-326. <http://www.nature.com>.